

March 4, Psalms 31 (overview), Into your hands I commit my spirit

Morning prayer:

As you slowly read over Psalms 31, make it your prayer to God. Notice how in verse five that it was Jesus's prayer on the cross, "Into your hands I commit my spirit".

Afternoon prayer:

Lord, do I see that my life is truly ransomed only through the finished work of your Son on the cross?

"Into your hands, I commit my spirit; you have ransomed me, O Lord God of truth." - vs 31:5

"44 It was now about the sixth hour, and darkness fell over the whole land until the ninth hour, 45 because the sun was obscured; and the veil of the temple was torn in two. 46 And Jesus, crying out with a loud voice, said, "Father, INTO YOUR HANDS I COMMIT MY SPIRIT." Having said this, He breathed His last. 47 Now when the centurion saw what had happened, he began praising God, saying, "Certainly this man was innocent." - Luke 23:44-47

Lord, we see our victory in your work over the areas of our lives which we could never ransom on our own. You have ransomed us by committing your spirit into your Father's hands - yes we are redeemed. We believe you as the one who bought back the years wasted by sin.

"25 "Then I will make up to you for the years  
That the swarming locust has eaten,  
The creeping locust, the stripping locust and the gnawing locust,  
My great army which I sent among you.  
26 "You will have plenty to eat and be satisfied  
And praise the name of the LORD your God,  
Who has dealt wondrously with you;  
Then My people will never be put to shame.  
27 "Thus you will know that I am in the midst of Israel,  
And that I am the LORD your God,  
And there is no other;  
And My people will never be put to shame." - Joel 2:25-27

Evening prayer:

Lord, do I see you as Living Bread come down from heaven in the besieged city of my life?

Lord my life is "like a broken vessel" broken beyond human remedy, and am I trapped in the walls of my own choices... I will trust you as a Living Bread from heaven, to sustain me by making known your "marvelous lovingkindness to me in a besieged city."

"I am forgotten as a dead man, out of mind; I am like a broken vessel." - Ps 31:13

"Blessed be the Lord,  
For he has made marvelous his lovingkindness to me in a besiege city." - Ps 31:21

“50 This is the bread which comes down out of heaven, so that one may eat of it and not die.  
51 I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever; and the bread also which I will give for the life of the world is My flesh.” - John 6:51