April 10, Psalms 46, Be still and know that I am God

Lord show me the mountains that I have looked you for refuge in my life other than you. Cause me to be OK with them sinking into the sea, because I know that you are my ever present help in time of trouble. Even when the sea of my circumstances are roaring and foaming - your hand reaches out to me to hold me up. There is a quiet comfort in the streams that come out of a being in your presence. The comfort is mine because you have caused war to cease within me. Yours is the victory, yours is the battle; mine is to be still and know that your God.