## Evening prayer - Always know that you have the answer to this question - Why are you in despair, O my soul?

9 I will say to God my rock, "Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?" 10 As a shattering of my bones, my adversaries revile me, While they say to me all day long, "Where is your God?"

Lord, I have made you my Rock - I have nothing that can count on beside you and those who love you. Why do we mourn the enemy who oppressors us on every side? His oppression chills are very bones. He keeps on saying "where is your God?" If you don't come through for us we have no other Plan B.

"11 Why are you in despair, O my soul? And why have you become disturbed within me? Hope in God, for I shall yet praise Him, The help of my countenance and my God."

How foolish are you my soul for being in despair? Stop being so noisy and disturbing my fellowship with God.

You must hope in God - mind will, emotions - I will not submit to letting my feelings dictate my thoughts, emotions and choices. I will choose to hope in you by the power of the Holy Spirit God you are the help of my countenance. Our faces will not grow weak with fear. We have an unmeasurable treasure in jars of clay that shows the surpassing greatness of the power not to be of us but you. Show your power through my weakness, and cause your beauty to be reflected through my countenance. May you have the glory from my life. Lord, as I go to sleep tonight I praise you that it is not my life but your life in me, and that the confidence I have is actually the "faith of Christ".

Because of this I always have a solid answer when I ask my soul - "Why disturbed within me?" You need not be because you will hope

in God because Christ faith is operating in you, and he always hoped in God.